

# BlueChoice Dental for Individuals and Families

by: George E Daniel Jr CIC, CPIA



## *For dental benefits you can smile about*

### Why dental care is important to your overall health

You've probably heard that dental health is an important part of overall health. But consider this: if a patient is suffering from periodontal disease, they are twice as likely to have heart disease or a stroke.<sup>1</sup> And there's also research linking poor oral health to diabetes, lung disease and premature births.<sup>2</sup>

Fortunately, regular dental check-ups can help detect the early warning signs of certain health-related issues. That's just one reason why it's so important to take good care of your teeth and gums. And a BlueChoice Dental plan from Blue Cross and Blue Shield of Georgia can help make it easy and affordable.

<sup>1</sup> American Academy of Periodontology: Gum Disease Links to Heart Disease and Stroke, perio.org, 2008.

<sup>2</sup> National Institute of Dental and Craniofacial Research: Oral Health in America, 2008

### What BlueChoice Dental coverage helps pay for

- Routine check-ups, x-rays and cleanings. Coverage begins on your effective date and there's no deductible for these services.
- Basic dental care like fillings and simple extractions. Coverage begins after you meet a \$50 annual deductible (up to \$150/family) and have 6 months of continuous coverage.
- Major dental work, root canals and crowns. You'll be covered after 12 months of continuous coverage and your deductible is met.
- Both in-network and out-of-network dental care. For the best savings, you should choose in-network dentists and specialists.
- Up to \$1,000 of dental services per member, per year, after any deductibles or co-insurance you might have.

### BlueChoice Dental benefits-at-a-glance

The charts on the next page show what BlueChoice Dental pays toward either in-network or out-of-network dental services. (But remember, in-network dentist fees are usually lower to start with so you'll save you even more money.)

It's easy to find a network dentist when you have access to the largest dental network of its kind in Georgia! Go to [bcbsga.com](http://bcbsga.com) > Find a doctor

#### Monthly rates\*

Adult	\$27/month
Child	\$27/month
Family	\$76 /month

\*Subject to change

## DIAGNOSTIC AND PREVENTIVE CARE

Procedure	BlueChoice Dental pays
Initial Oral Exam	\$16
Periodic Oral Exam – Limited to 2 exams per member per year	\$16
Bitewing X-rays – single film	\$9
Bitewing X-rays – two films	\$16
Single (periapical) X-rays – first film	\$9
Single X-rays – additional films	\$9
Bitewing X-rays – four films	\$23
Full mouth X-rays – limited to one set every 3 years	\$47
Routine Cleaning – limited to 2 per adult per year	\$37
Routine Cleaning – limited to 2 per child per year	\$26
Cleaning with Fluoride – limited to 2 per child per year	\$37
Topical Fluoride Only – limited to 2 per child per year	\$14

### Notes for Diagnostic and Preventive Care

- Coverage begins on your effective date.
- Diagnostic and preventive services are not subject to a deductible.
- Coverage includes two oral examinations and two dental cleanings per member, per year.
- Coverage for any combination of single and bitewing X-rays not to exceed \$47

## BASIC DENTAL CARE

Procedure	BlueChoice Dental pays
Filling – one surface, primary	\$35
Filling – one surface, permanent	\$42
Filling – two surfaces, primary	\$47
Filling – two surfaces, permanent	\$52
Filling – three surfaces, primary	\$55
Filling – three surfaces, permanent	\$62
Filling – four or more surfaces, primary	\$68
Filling – four or more surfaces, permanent	\$76
Extraction – single tooth (simple)	\$43
Extraction – each additional tooth (simple)	\$43
Surgical Extraction	\$72
Removal of Impacted Tooth – soft tissue	\$100
Removal of Impacted Tooth – partial bony	\$126
Removal of Impacted Tooth – complete bony	\$150

### Notes for Basic Dental Care

- Coverage begins after your plan has been in effect for six continuous months.
- These services are subject to an annual deductible of \$50 (limited to \$150 per family).

## MAJOR DENTAL CARE

Procedure	BlueChoice Dental pays
Scaling/Root Planing per Quadrant	\$48
Gingivectomy – per tooth	\$30
Gingivectomy – per quadrant	\$140
Root Canal – 1 canal	\$150
Root Canal – 2 canals	\$180
Root Canal – 3 canals	\$230
Crown (except stainless steel)	\$250
Stainless Steel Crown	\$60
Pontic	\$250
Complete Denture (upper or lower)	\$300
Partial Denture (upper or lower)	\$275
Denture Reline (chair-side)	\$65
Denture Reline (lab)	\$85

### Notes for Major Dental Care

- Coverage begins after your plan has been in effect for 12 continuous months and you have satisfied the annual plan deductible of \$50 (limited to \$150 per family).

## How to apply for coverage

**If you're already enrolled in a Blue Cross and Blue Shield of Georgia health plan,** simply complete the attached dental application and include the first month's premium payable to Blue Cross and Blue Shield of Georgia.

**If you're also applying for health care coverage,** just complete the dental section of your health plan application and include the first month's premium payable to Blue Cross and Blue Shield of Georgia. You do not need to fill out the separate dental application attached here.

### Mail your completed application to:

Blue Cross and Blue Shield of Georgia  
3350 Peachtree Road, N.E.  
GAG003-002  
Atlanta, GA 30326

**If you have any questions or need help with your application, talk to your Blue Cross and Blue Shield of Georgia representative or call us at 888-209-7852.**

George E Daniel Jr CIC, CPIA

Si necesita asistencia o materiales de venta en español, por favor contacte a su agente Blue Cross and Blue Shield.

This is only a brief description of some plan benefits. Please refer to your Certificate of Coverage for more complete details including benefits, limitations and exclusions.

Blue Cross and Blue Shield of Georgia, Inc. (BCBSGa) is an independent licensee of the Blue Cross and Blue Shield Association. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.



**Mail your completed application to:**

Blue Cross Blue Shield of Georgia  
3350 Peachtree Road, N.E.  
GAG003-002  
Atlanta, GA 30326

**Mail to:**

George E Daniel Jr  
119 Donalson Street  
Bainbridge, Georgia 39817